



IAAF Scholarships for Athletes

- The IAAF 'B' Standard Project -

The IAAF President, Lamine Diack, has set the goal for the IAAF that there should be at least one athlete of each Member Federation capable of achieving the 'B' Qualification Standard for the World Championships in Athletics or the Olympic Games. This is an ambitious objective considering the level of the performances to be achieved and the fact that about one third of the IAAF Member Federations have yet to achieve this level of performance.

The IAAF has established a scholarship programme, the **IAAF 'B' Standard Project**, which will enable athletes who have the potential but lack the appropriate athletics environment to develop their competitive performance. By training in appropriate conditions and with provision of the necessary support that may not be available in the athlete's own country they will be prepared to, at minimum, achieve the 'B' Standard.

The scholarship programmes is designed for those athletes who fulfil the following profile:

- Have achieved a performance that is close to the current IAAF World Championships 'B' standard
- Be available to move to and reside at a Centre that is determined to be the most suitable venue for the athlete's programme.
- Have no current commitments that would preclude them from attending the Centre for the period of the programme.

In order to apply for an IAAF scholarship certain **entry standards** have been defined (see Appendix 1). You should note that the IAAF will give preference to athletes in the 'Under 23' age category.

After considering the competition results, statistical data and profile evaluation of the athlete, those deemed to have a chance to achieve the 'B' Standard in an event will be offered a scholarship in one of 3 programmes:

1. **Short Term programme** - Those who are close to the set objective could participate in short term preparation, usually accompanied by their personal coach (3 months duration).
2. **Medium Term programme** - Designed for athletes who have the potential to achieve the 'B' Standard with one year of specific preparation (one year duration).
3. **Long Term programme** - Athletes currently under the age of 23 who obviously need longer time to achieve the 'B' Standard will be offered this programme (maximum of two years duration).

In all three programmes, the IAAF will ensure access to adequate facilities, coaching and competition as detailed below.

The duration of a scholarship is limited to a maximum of up to one year at one time. As the scholarship approaches its conclusion the behaviour and performance development of the athlete are evaluated by the IAAF. Based on the results of this evaluation, the scholarship may be extended by another period, not to exceed a total scholarship period of two years.

IAAF scholarship holders are obliged to take up their scholarships at **IAAF institutions**, either IAAF High Performance Training Centres (HPTCs) or IAAF Accredited Training Centres (ATCs). A list of the IAAF institutions can be found on the IAAF Website (sub-section 'Development'). The IAAF will decide in cooperation with the National Federation and the athlete, which of the IAAF institutions is best equipped, coaching-wise, for the athlete's training needs.

At the IAAF institutions the following **provisions** are guaranteed to scholarship athletes:

- Full board and accommodation
- Health insurance
- Coaching services by specialised coaches
- Travel to local competitions
- Travel to/from IAAF institution at the beginning and at the end of scholarship
- Basic physiotherapeutic services
- A small, monthly financial allowance

Member Federations are kindly requested to study the project description carefully and to consider if there are athletes in their country who realistically would have the potential and the necessary commitment to be included in this project.

Having gone through these evaluations, Member Federations should complete the attached Application Form (Appendix 2) and return it to the IAAF Member Services Department (MSD).

At the end of the selection process by the IAAF MSD, the Member Federation will be promptly informed about the outcome and the necessary future action.

**** PLEASE NOTE:** Applications may only be made by IAAF Member Federations.

Individual athletes, coaches or other interested parties should contact their National Federation for further information. National Federations will submit an application for those athletes who are deemed eligible.

Appendix 1

Entry Standards for IAAF Scholarships (IAAF 'B' Standard Project) and the IAAF World Championships Berlin 2009

	Entry standards for IAAF 'B' Scholarships	Entry standards for IAAF 'B' Scholarships	Entry standards for IAAF World Championships Berlin 2009	Entry standards for IAAF World Championships Berlin 2009
	Men (Under 23)	Women (Under 23)	Men ('B' Standard)	Women ('B' Standard)
100m	10.60s	11.90s	10.28s	11.40s
200m	21.10s	24.30s	20.75s	23.30s
400m	47.50s	56.00s	45.95s	52.30s
800m	1:52.00min	2:12.00min	1:46.60min	2:01.30min
1500m	3:48.00min	4:20.00min	3:39.20min	4:09.00min
5000m	14:25:00min	16:30.00min	13:29:00min	15:25.00min
10,000m	30:00.00min	34:00.00min	28:12.00min	32:20.00min
Marathon	2:26:00hrs	2:50:00hrs	2:18:00hrs	2:43:00hrs
3000m SC	9:00:00min	10:00.00min	8:33:50min	9:48.00min
110m H / 100m H	14.20s	14.00s	13.62s	13.11s
400m H	52.00s	60.00s	49.80s	56.55s
20km Race Walk	1:30:00hrs	1:40:00hrs	1:24:20hrs	1:38:00hrs
50km Race Walk	4:10:00hrs	---	4:09:00hrs	---
4x100m	---	---	39.10s	43.90s
4x400m	---	---	3:03.30min	3:31.00min
Decathlon / Heptathlon	7,000pts	5,000pts	7,730pts	5,800pts
High Jump	2.10m	1.75m	2.27m	1.91m
Pole Vault	5.00m	3.50m	5.55m	4.35m
Long Jump	7.50m	6.00m	8.05m	6.62m
Triple Jump	15.80m	13.00m	16.65m	14.00m
Shot Put	17.00m	15.00m	19.90m	17.20m
Discus Throw	55.00m	50.00m	62.50m	58.50m
Hammer Throw	65.00m	53.00m	74.30m	67.50m
Javelin Throw	70.00m	50.00m	78.00m	58.50m

Appendix 2



**IAAF 'B' Standard Project
Application Form**

Please PRINT clearly

A. PERSONAL INFORMATION

Member Federation: _____

Name of the Athlete _____

Date of birth _____

Place of birth _____

Gender: Male Female

Nationality _____

Profession _____

Event(s) _____

B. PERFORMANCES

Personal Best Event _____

Result _____

Date _____

Place _____

Season Best Event _____

Result _____

Date _____

Place _____

C. PERFORMANCE PROGRESSIONS

Event(s)	Place	Date	Result *	Short Comment **

- Please note:
- All performances must be achieved in events held under IAAF rule 12.1 (a-h)
 - * Wind speed must be reported (according to IAAF rules)
 - ** Any technical comment must be reported (i.e. personal, national, regional, junior, etc. records)

D. ADDITIONAL TECHNICAL INFORMATION

Number of training years _____

Average no. of training sessions/week _____

Test/Monitoring results _____

Technical Comments _____

Athlete would like to be accompanied by his/her personal coach? yes no

Preferred duration of stay _____

Signature _____

Position _____ Date _____