



**NORTH AMERICA, CENTRAL AMERICA AND CARIBBEAN  
TRACK AND FIELD ASSOCIACION (NACAC).  
SOUTH AMERICA TRACK AND FIELD CONFEDERATION  
(CONSUDATLE)**

**TECHNICAL MANUAL**

**1<sup>st</sup> AMERICAS MULTIPLE EVENTS CUP**

May 29-30, 2009, Havana, Cuba



## 1. Place and Date

The 1<sup>st</sup> Americas Multiple Events Cup will be hosted in Havana, Cuba, at the Pan American Stadium, on May 29 – 30, 2009 under the supervision of the North America, Central America and Caribbean Track and Field Association (NACAC) and the Cuban Track and Field Federation (FCA).

The Pan American Stadium is Class II, granted by the IAAF, which has hosted several major international competitions, namely:

- a) 1991 VI Pan American Sports Games.
- b) 1992 VI World Track and Field Cup.
- c) 1997 Pan American Junior Games.
- d) All "Barrientos Memorial" from 1991 UP to 2007.

The Stadium has an 8 lanes track recently mounted in 2008 by the prestigious firm **MONDO**, similar to the one used during the last Olympic Games in Beijing. Likewise the facility boasts 4 areas for horizontal jumps (2 high jumps and 2 for Pole Vault), 4 areas for Shot Put, Hammer and Discus, plus 2 areas for Javelin.

The 6 lanes warm-up track can be found at the back of the Stadium with jumping and throwing areas, which connects with the main Stadium through a 100 m tunnel.

The Americas Multiple Events Cup will comprise male Decathlon events and female Heptathlon events.

## 2. SOUTH AMERICA TRACK AND FIELD CONFEDERATION (CONSUDATLE) AND NORTH AMERICA, CENTRAL AMERICA AND CARIBBEAN TRACK AND FIELD ASSOCIACION (NACAC).

### CONSUDATLE EXECUTIVE COMMITTEE.

Roberto Gesta de Melo – President  
Helio Marinho Gesta de Melo – Secretary General  
Ciro Solano Hurtado – Senior Vice President  
Nelson Augusto Rodríguez Freites – Vice President  
José María Lombardo Rojas – Vice President  
Miguel Brandao Camara – Treasurer

### MEMBER COUNTRIES (13)

ARGENTINA	ECUADOR	SURINAME
BOLIVIA	GUYANA	URUGUAY
BRAZIL	PANAMA	VENEZUELA
CHILE	PARAGUAY	
COLOMBIA	PERU	

**NACAC  
EXECUTIVE COMMITTEE.**

Neville McCook – President  
Gervais Clarke – Secretary General  
Ludwig Rubio – Vice President  
Alfred Emmanuel – Treasurer  
Lamine Diack – Ex Oficio Member (IAAF Counsel )  
Pauline D. Thompson – Ex Oficio Member (IAAF Counsel)  
Aby Hoffman – Ex Oficio Member (IAAF Counsel )  
Alberto Juantorena – Ex Oficio Member (IAAF Counsel )  
Cesar Moreno Bravo – Ex Oficio Member (IAAF Counsel )  
Amadeo ID Francis – Ex Oficio Member ( Former President)  
Robert Hersh – NORTH AMERICA Representative  
Hasely Crawford – CARIBBEAN Representative  
Juan de Dios Reyes – CENTRAL AMERICA Representative  
Esther Maynard – WOMEN Representative  
Mike Sands – Representative

**MEMBER COUNTRIES (32)**

ANGUILA	CUBA	NICARAGUA
ANTIGUA	DOMINIQUE	PUERTO RICO
ARUBA	DOMINICAN REPUBLIC	EL SALVADOR
BAHAMAS	GRANADA	SAN KITTS & NEVIS
BARBADOS	GUATEMALA	SAINT LUCÍA
BELIZE	HAITI	SAINT VINCENT
BERMUDA	HONDURAS	TRINIDAD & TOBAGO
VIRGIN ISLANDS (British)	JAMAICA	TURKS AND CAICOS
CANADA	MEXICO	UNITED STATES
CAYMAN ISLANDS	MONTSERRAT	VIRGIN ISLANDS (American)
COSTA RICA	DUTCH ANTILLES	

## **2.2 Officials.**

Technical Delegate: Jesús Molina Hernández (CUBA)  
Competition Director: Lázaro Betancourt Mella (CUBA)  
Area Technical Official (ATO): Roberto Apaceiro Fernández (CUBA)

## **3. Participants**

All Member Federations from NACAC and CONSUDATLE may be eligible to participate in the Americas Multiple Events. Men should have a score over 6,500 points for the Decathlon event, while women should be over 4,500 for the Heptathlon event. All results should have been obtained during the period starting January 1<sup>st</sup>, 2008 and ending May 1<sup>st</sup>, 2009.

According to this type of competition rules, the best eight places in each discipline will be granted a Prize Money Award, plus the corresponding score for the World Series and the IAAF Ranking List.

The maximum number of athletes will be 16 and each country will have a limit of 3 participants per gender. Participating athletes will be endorsed by the Americas Multiple Events Cup Organizing Committee through the IAAF and regional ranking lists.

Delegations should send their arrival and departure details to the Organizing Committee so as to make the corresponding local transportation arrangements (International Airport José Martí - Meliá Habana Hotel).

### **3.1 Registration**

#### **Preliminary Registration.**

All countries shall send the number registration in the preliminary registration forms, to be electronically sent, by April 25t (12:00 a.m. Cuban time)

#### **Final Registration.**

The final name registration with all data requested in the official form, and to be electronically sent, shall reach the Organizing Committee by May 15, 2009 at the latest.

### **4. Accommodation and meals**

The accommodation expenses will be borne by the Organizing Committee during the period May 27 through 31, 2009. Meals of athletes plus an official per country will be paid by the Organizing Committee starting from lunch time on May 27 up to Breakfast on May 31. The expenses of additional members of the delegations plus any other services at the hotel such as telephone calls, laundry or others will be the responsibility of participants. Delegation members arriving in advance or leaving after the dates established by the Organizing Committee will be responsible for their accommodation and meals.

Athletes and officials will be accommodated at the Meliá Habana Hotel, located at 15 minutes to the Pan American Stadium.

The Meliá Habana Hotel is located in Miramar, on Calle 3ra entre 76 y 80, Miramar, Playa pretty near to Quinta Avenida, 10 minutes from the historical center of the city. 15 minutes (30 km) from the José Martí International Airport and 5 minutes from the Havana Convention Center.



A Farewell banquet will be organized on Saturday May 30 at a place to be lately announced by the Organizing Committee.

### Meals schedule

Place	Clarion Hotel		
Day	Breakfast	Lunch	Dinner
27		12:30 a 15:00	20:00 a 22:00
28	07:00 a 10:00	12:30 a 15:00	20:00 a 22:00
29	07:00 a 10:00	12:30 a 15:00	20:00 a 22:00
30	07:00 a 10:00	12:30 a 15:00	<b>Farewell banquet</b>
31	07:00 a 10:00		

### 5. Awards

Prize Money Awards will be presented to the best eight ranked athletes in each discipline (Decathlon and Heptathlon). The awards will be distributed as follows:

Place	Awards
1	\$ 1,000.00
2	\$ 750.00
3	\$ 500.00
4	\$ 400.00
5	\$ 300.00
6	\$ 250.00
7	\$ 200.00
8	\$ 150.00

Likewise, the eight finalists will receive financial bonus to be determined as follows:

Bonus per point	Decathlon	Heptathlon
\$ 0.25	+ 8,000 points	+ 6,000 points
\$ 0.20	+ 7,500 points	+ 5,500 points
\$ 0.15	+ 7,000 points	+ 5,000 points
\$ 0.10	+ 6,500 points	+ 4,500 points

The awarding ceremony and delivery of prizes will be organized during the Farewell banquet.

## 6. General Rules

The Americas Multiple Events Cup will be governed by the IAAF Rules in force for 2008-2009.

- a. The general items not included in these rules will be settled off by the Organizing Committee.
- b. If the items are of a technical nature, they will be settled as per the IAAF Rules special provisions set for Multiple Events in its Article 200.

## 7. Specific Provisions

Among the specific provisions of Article 200 of the IAAF for multiple events, the following are included:

- a. Scores will be according to the enforce score Tables (2001 edition) of the IAAF for multiple events.
- b. Athletes' scores will be announced per event and the total score of competitors at the end of each event.
- c. A single scoring system will be used –an electronic system for athletes' record in the races.
- d. The winner of the competition will be the one with highest points. In case of tie, the athlete that has won the higher number of events with more points will be the winner. If tie continues, the athlete with the highest number of points in an event will be considered the winner.
- e. Athletes will have three (3) attempts in throwing and long jump events.
- f. Regarding the false start, athletes will be disqualified as of the second infraction.
- g. The rest time between events will be thirty (30) minutes as a minimum.

## 8. Judges

The judges and auxiliary staff to be in charge of the competition will be proposed by the Cuban Track and Field Federation.

## 9. Other Provisions

Regarding the composition of the groups in the multiple events, the heats and the starting heights, the following is established:

### **Groups and Heats**

Groups A and B will be established in each of the multiple event in order to have a better distribution of competitors in the races and vertical jump heats (two areas in the stadium), considering athletes' performance in each of the events, with the exception of Final events (800m / 1500m) where the criteria depends on the composition of the heats according to the points scored in the last event, in order to compete in the final event of the same heat.

### **Starting Height**

The starting height in the high jump and pole vault events will be informed at the Technical Meeting of the Americas Multiple Events Cup. Each delegation shall submit to the Secretary of the Competition the

starting height of its athletes for the high jump and pole vault events. The height progression in high jump will be 3 cm and in pole vault 10 cm throughout the competition.

#### 10. Call Rooms

Participants shall go to the call rooms 30 minutes prior to the scheduled time in the track events and 40 minutes in the field events.

Athletes will be identified in the call rooms based on their accreditation and numbers (dorsal); competition equipment will be checked as per the IAAF rules (shoes, length and number of spikes of more than 6 mm, except in the high jump and javelin throwing events, where spikes of 9 mm as a maximum can be used).

Delegates or officials are not allowed at the call rooms.

The attendance Schedule at the call rooms will be the following:

<b>EVENT</b>	<b>ATTENDANCE</b>	<b>ENTRY</b>
Races and hurdles	40 minutes	20 minutes
Jump and throwing	60 minutes	40 minutes
Pole vault	70 minutes	60 minutes

The entry to the track and the jump and throwing area is done in an ordered way, preceding the judges and the protocol guide, until finally reaching the competition site. At the completion of the event, they will leave the competition area by the same place the entered the track accompanied by a judge.

#### 11. Rest Area for Athletes

A comfortable area will be available at the Pan American Stadium for athletes rest between events. These areas will provide physiotherapy, moisturizing and medical services.

#### 12. Coaches Areas

In the field events, coaches will be located in an area close to athletes, so as to provide them their assistance. The access to this area will be restricted to one coach per delegation, who should have been previously authorized at the Technical Meeting.

#### 13. Sport Equipment

All equipment to be used at the competition will be provided by the Technical Management of the Americas Multiple Events Cup, with the exception of the poles, which shall be submitted to the jump referee two hours prior to the start of the event.

If any athlete is interested in using personal equipment, this shall be certified the previous day at the corresponding session until 12:00 hours, at the Pan American Stadium.

The organization shall authorize equipment different to those of the organization as long as they are submitted to the Technical Director of the event the day prior to the start of the event.

#### 14. Doping Tests

The NACAC, the CONSUDATLE and the Organizing Committee shall reserve the right to conduct the doping tests they consider necessary in order to proceed to the Doping Control requested by IAAF rules. All competitors must be available for the tests planned.

#### 15. Jury of Appeal

All complaints shall be firstly made verbally to the Judge-Referee by the athlete or his delegate. Claims shall be solved by the Jury of Appeal, to be composed of three persons appointed by the President of the Pan American Track and Field Commission. The Jury of Appeal main function, as stated in Article 7-9 of the IAAF Regulations, will be to analyze all protests as mentioned in Article 143. Protests shall be submitted in writing and accompanied by US\$100.00.

#### 16. Technical Information Center

The Technical Information Center will be located in the Pan American Stadium and will provide the result of the different events, in addition to athlete's total points. The number of each athlete shall be provided by the Secretary of the Competition at the technical meeting. Athletes shall bear their dorsal as per IAAF Regulation 143, items 7-9. No athlete is authorized to mutilate or alter the number assigned for the competition.

#### 17. Technical Meeting

The Technical Meeting of the Americas Multiple Events Cup will be held at the **Meliá Habana Hotel**, on May 28 at 10:00 hrs. All issued related to the competition will be discussed at the Technical Meetings, like: seeding of athletes of the first day, starting height and progression, athletes area, coaches area, rest area and competition Schedule, etc.

#### 18. Training Schedule

Athletes will train at the Pan American Stadium on Thursday, May 28 and on the warming track close to the stadium, all the day.

#### 19. Medical Services

All athletes will be guaranteed a primary medical insurance.

First aid services at the competition area will be located in two lateral areas of the Stadium, through the ambulances of the Medical Urgency System (SIUM).

#### 20. Accreditation

Participants will be accredited at their arrival to Cuba through nominal registration previously sent by their Federations.

## 21. Competition Schedule

### First Day

Morning session

FRIDAY 29 MAY, 2009

TIME	EVENT	NO. EVENT	EVENT
08:30	Decathlon	1	100 m
09:00	Heptathlon	1	100 c/v
09:30	Decathlon	2	Long jump
10:00	Heptathlon	2	High jump
11:00	Decathlon	3	Shot-put

Afternoon session

FRIDAY 29 MAY, 2009

TIME	EVENT	NO. EVENT	EVENT
15:30	Heptathlon	3	Shot-put
17:00	Decathlon	4	High jump
18:15	Heptathlon	4	200m
18:50	Decathlon	5	400m

### Second Day

Morning session

SATURDAY 30 MAY, 2009

TIME	MULTIPLE	NO. EVENT	EVENT
08:00	Decathlon	6	110m c/v
08:35	Heptathlon	5	Long jump
08:45	Decathlon	7	Discus throwing
10:30	Heptathlon	6	Javelin throwing
10:30	Decathlon	8	Pole vault

Afternoon session

SATURDAY 30 MAY, 2009

TIME	MULTIPLE	NO. EVENT	EVENT
16:50	Decathlon	9	Javelin throwing
17:50	Heptathlon	7	800m
18:35	Decathlon	10	1500m

Logotipo Copa América de Pruebas Combinadas  
*27 al 31 de mayo de 2009*



**Results of the 1<sup>st</sup> Pan American Multiple Events Cup**  
**May 31-April 1<sup>ero</sup>, 2008**

**Decathlon**

<b>Name</b>	<b>Federation</b>	<b>Score</b>
Chris Helwick	USA	7820
Iván Scolfaro da Silva	BRA	7783
Chris Randolph	USA	7747
Luis Alberto de Araújo	BRA	7733
Jaime Adjetey-Nelson	CAN	7728
Chris Boyle	USA	7650
Odirlei Carlos Pezón	BRA	7568
Andres Timecio Mantilla	COL	7340

**Heptathlon**

<b>Name</b>	<b>Federation</b>	<b>Score</b>
Lela V. Nelson	USA	5944
Ryanne Dupree	USA	5704
Yasmiany Pedroso	CUB	5659
Ashley Wilhelm	USA	5598
Thaimara Rivas	VEN	5554
Elizete da Silvao	BRA	5493
Toni-Ann D'Oyley	JAM	5332
Francía Manzanillo	DOM	5241